

# Last Minute Risk Assessment

## □ Stop and Think

- A Last Minute Risk Assessment is done by the person completing the task at hand and is not recorded.
  - Ask yourself – what is my next task at hand?
  - Ask yourself – what are the risks?
  - Ask yourself – what can I do to protect myself and make sure I don't get hurt or hurt those around me?
  - Assess yourself – is my mind engaged and do I have a “safety first” attitude.
- The LMRA engages the worker and is a behaviour. It is NOT RECORDED.
- *LMRA Discussions or LMRA tests* measure the effectiveness of workers at conducting last minute risk assessments and their attitude towards safety. These are recorded by the supervisor.

**An LMRA Discussion checks that the worker:**

**Understands the Task**

**Has Identified the Risks**

**Has Mitigated the Risk**

**Has a Positive Attitude**